

# TIME SCHEDULE



DENMARK/ICELAND  
FINLAND  
NORWAY  
SWEDEN

10 FEBRUARY 2019

BÆRUM  
IDRETTSPARK

		Competition		Parti- cipants	Call- room
<b>RUNNING:</b>					
13:30	Women	60m hurdles	1 heat	8	13:10
13:40	Men	60m hurdles	1 heat	8	13:20
13:50	Women	60m	1 heat	8	13:30
14:00	Men	60m	1 heat	8	13:40
14:15	Women	800 m	1 heat	8	13:55
14:25	Men	800 m	1 heat	8	14:05
14:35	Women	400 m	2 heats	8	14:15
14:50	Men	400 m	2 heats	8	14:30
15:10	Women	3000 m	1 heat	8	14:50
15:25	Men	3000 m	1 heat	8	15:05
15:45	Women	200 m	2 heats	8	15:25
16:00	Men	200 m	2 heats	8	15:40
16:15	Women	1500 m	1 heat	8	15:55
16:30	Men	1500 m	1 heat	8	16:10
<b>HIGH JUMP:</b>					
14:50	Women	High jump	Pit 1	8	14:20
14:50	Men	High jump	Pit 2	8	14:20
<b>POLE VAULT:</b>					
13:00	Women	Pole vault	Pit 1	8	11:45
13:00	Men	Pole vault	Pit 2	8	11:45
<b>LONG JUMP and TRIPLE JUMP:</b>					
13:30	Women	Long jump	Pit 1	8	13:00
13:30	Men	Triple Jump	Pit 2	8	13:00
15:05	Men	Long jump	Pit 1	8	14:35
15:05	Women	Triple jump	Pit 2	8	14:35
<b>SHOT PUT:</b>					
13:45	Men	Shot put		8	13:15
15:15	Women	Shot put		8	14:45